



MOSAIC OUTDOOR CLUBS OF AMERICA

Welcomes you to the
2017 Jewish Outdoor Escape

Pre-Trip in Sedona
Monday, Aug. 28th to Thursday, Aug. 31st 2017

Schedule & Information Packet





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Mosaic Trip Participant Guidelines

We would ask all trip participants to help ensure that all of the trips & events go smoothly by following these guidelines.

PLEASE BE ON TIME!!!!

We hope you were realistic about the activities you chose. Physically strenuous trips or those requiring special skills or equipment are no fun if you are not ready for them. If a leader suggests that you not come, please do not take it personally. We will work with you to find an alternative activity better suited to your strengths.

We have provided a variety of activities at different levels to please everyone. Speak with the Activity Leader prior to the trip, preferably the night before, if you have any questions. The decision of the Activity Leader will be final. If you have any medical conditions or other issues, please let the Activity Leader know privately prior to the trip.

It is important to ALWAYS return in the same vehicle in which you left in the morning. If there are any changes, tell the Activity Leader in person, not by a second-hand message. This reduces confusion, and the chance of leaving someone behind.

RULES #1 – Never, never go ahead of the leader or get behind the rear sweep.

Water, Water, Water – Two quart minimum on all activities, please drink enough to avoid dehydration. Frequent sipping rather than guzzling water after a long while is better for you. People without adequate water will be sent back. Drink plenty of water after each day, and each morning before leaving. PRE-hydrate, don't DE-hydrate.

Carry food and energy snacks to recharge your batteries on the trail.

Wear proper footwear- Wear comfortable hiking boots; a double layer sock system (wool & polypro) is recommended, especially on the longer hikes to provide support & prevent blisters. Sturdy hiking shoes with decent ankle support are required on all strenuous hikes

What if I have to go to the bathroom? – Don't be shy, tell the leader and we'll wait. Under no circumstances go off by yourself. The leader will announce scheduled bathroom (separation breaks). If you could hold off until then that would be greatly appreciated in consideration of the group. (Also, carry toilet paper and a shovel to bury waste.)

What if it rains? Carry rain gear. Even a plastic poncho will do in a pinch, but Gore-Tex is preferred if you have it. Rain Paints are a good thing as well.

Walk softly in the wilderness. Use low-impact practices to minimize your effect on the outdoors. This includes staying on trails, not littering, proper sanitation, etc.

Follow any special requests or rules of the Activity Leader or the outfitter for a specific Activity. They want to ensure your safety, so your cooperation is important. Wearing of safety gear, such as helmets, lifejackets, or harnesses is not optional, unless designated as such by the Activity Leader or outfitter.

Several situations, including weather, trail conditions, group speed, and time coordination may mean the Activity Leader has to modify the original plan.

If you have any problems, let the Activity Leader know early. Our goal is for the whole group to have fun, not just endure.

Carry moleskin-If your feet feel hot, you may be developing a blister. Do not hesitate to ask the Leader for a stop to apply moleskin. Likewise, if you are getting a headache you may need to drink more and take an aspirin or aspirin substitute. Once again it is best to inform the leader as soon as possible about any problems before you really slow down and affect the entire group's progress.

Remember that Activity Leaders & Event organizers are volunteers who are helping provide you with a fun weekend. Help make sure that their weekend is fun as well.

Bikers- must always wear helmets & abide by the rules of the road. Once again do not get ahead of the leader & follow all instructions.



Contact Info:

Any police/fire/medical/rescue emergencies: 9-1-1.

To contact someone back in camp: 1-888-MOSAICS (888-667-2427). You may have to wait for a callback.

Alternate Contacts

Co-Chair: Marsha Zellner 203-494-3856 (USA phone number)

Co-Chair: Brian Horowitz 908-625-4916 (USA phone number)

Days Inn Airport - Phoenix

2900 East Van Buren Street, Phoenix, AZ, 85008 / 602-275-7651

Arabella Hotel Sedona

725 Highway 179, Sedona, AZ 86336 / (855) 795-8207

Camp Daisy and Harry Stein

3400 W Camp Pearlstein Rd, Prescott, AZ 86303

34°30'45.0"N 112°31'37.3"W \34.512494, -112.527030

Camp Contact: Jon Levin: Camp Director 928-778-2261 (office)

Note: Contact camp only if it is an emergency and you have exhausted all other ways to contact Mosaic first.

Van A Driver: Marsha Zellner

Van B Driver: Brian Horowitz

Van C Driver: Norm Abrams Canadian Cell: 647-463-8762



Monday, Aug. 28

Arrive at [Phoenix Sky Harbor International Airport](#) (PHX). Then take the Hotel Airport Shuttle to [Days Inn Airport in Phoenix](#).

- 4:00 PM - 6:00 PM Meet in hotel lobby for check-in
- 6:30 PM - 8:00 PM Dinner and drinks at [Chelsea's Kitchen at the Sky Harbor Airport](#), in Terminal 4 Food Court - Pre-Security (cost Not included)
- 8:30 PM - 9:30 PM MANDATORY MEETING TO DISCUSS TUESDAY then socialize if desired –Location TBD. We will have a sign up in the lobby stating the location.

Tuesday, Aug. 29

Morning

- 6:00 AM - 7:00 AM Breakfast (included with Days Inn Reservations) – **bring your luggage down to breakfast & make our lives easier**
- 7:00 AM - 7:15 AM Meet in lobby to load vans with **all** luggage
- 7:30 AM Vans depart from hotel towards Sedona
- 10:00 AM - 1:30 PM Tour Montezuma’s Castle & Montezuma's Well

Approx. 2:30 PM Check-In at the [Arabella Hotel Sedona](#)

Afternoon (see the option for which you registered)

- 3:00 PM - 7:30 PM: 3 ½ Hours Guided Sunset Vortex Jeep Tour
Vendor Van
Leader: Norm Abrams
- 3:30 PM - 7:00 PM: Easy - Moderate Cathedral Rock - **Note:** This will be cancelled in case of thunderstorms
Van A Driver: Stephan Scrop
Leader: Jeffrey Kay, Co-Leader: Merrill Goldsmith
- 3:30 PM - 7:00 PM: Challenging 3-hr hike, Cathedral Rock - **Note:** This will be cancelled in case of thunderstorms
Van B Driver: Brian Horowitz
Leader: Michael Brochstein, Co-Leader: Robert Goldman
- 3:00 PM - 7:00 PM Free time in Sedona

Evening

- 7:45 PM Meet at the hotel **smaller** pool to go to dinner (if you are by the pool where the hotel restaurant is you are at the wrong pool)
- 8:00 PM - 9:30 PM Late dinner at Mesa Grill Sedona, 1185 Airport Rd, Sedona, AZ 86336



Wednesday, Aug. 30

7:00 AM - 8:00 AM Breakfast (included with hotel reservations)

Note: Please bring any luggage that you do not need for the next 32 hours (anything you do not need before arrival in camp for the main event) to the lobby when you come to breakfast. The front desk will secure this luggage; it will be loaded into a Mosaic Van on its way to camp to join the advance crew later in the day. This will help with logistics for the next day.

Make sure the LUGGAGE TAGS WE GIVE YOU ARE ATTACHED AND CLEARLY VISIBLE. You must tell the hotel staff this is part of the Mosaic luggage.

Full Day Activities

8:00 AM - 3:00 PM Full Day Hike & Mountain Bike
Van C Driver: Norm Abrams
Leader: Norm Abrams

8:00 AM - 4:00 PM Full day Easy to Moderate Hike: West Fork Trail of Oak Creek –#108
Vans A/B **Note:** Van A will leave earlier than Van B at end of hike.
Van A Driver: Marsha Zellner (Shorter Slower Group).
Van B Driver: Brian Horowitz (Faster Longer Group)

Wednesday Half Day Options

Morning

8:00 AM - 1:00 PM Bell Rock Trail, Forte Verde State Historic Park, & Tuzigoot National Park
Private Car Drivers: Scott Berman, Anne Milchberg
Meet Docent @ Forte Verde @ 10:00 AM

Afternoon

2:00 PM - 5:00 PM Hike Marg's Draw. Hike # 163
Start/End Hike from Hotel

2:00 PM - 5:00 PM Shopping/Explore Downtown West Sedona

Evening

6:00 PM Meet in the Lobby to make dinner plans among yourselves. Dinner is on your own.

8:00 PM - ? PM/AM Pool party at the **smaller** pool fire pit at the hotel (BYOB) (if you are by the pool where the hotel restaurant is you are at the wrong pool)



Thursday, Aug. 31

7:00 AM - 8:15 AM Breakfast and check-out of the hotel. Load Vans

8:30 AM Depart Sedona

Daytime Options

8:00 AM - 4:00 PM Hiking Devil's Bridge
Van B Driver: Brian Horowitz
Leader: Jeffrey Kay, Co-Leader: Michael Brochstein

8:30 AM - 4:30 PM Copper Museum and Jerome State Park
Personal Car Drivers: Anne Milchberg, Scott Berman,

7:45 AM - 2:30 PM Tubing in the morning; Horseback or Hiking Old Jail Trail - Cottonwood in the afternoon
Van C Driver: Norm Abrams
Leader: Harry Felsher



Mosaic Outdoor Clubs Of America Code Of Conduct

Mosaic Outdoor Clubs of America (“MOCA”) and its affiliated clubs (collectively “Mosaic”) are committed to providing participants in Mosaic events with a safe and enjoyable environment. MOCA expects all participants to act as adults in a responsible and ethical matter. Rather than try to define every possible detail and circumstance, the purpose of this Code of Conduct is to provide a general statement and guidelines. MOCA relies on the good judgment of MOCA’s representatives, event leaders and the MOCA Board to provide guidance and appropriate action in specific instances.

1. MOCA expects all participants to treat others with respect and courtesy. This includes other participants, leaders, event staff, camp staff and outside service providers. Participants in Mosaic events and activities should be cooperative, polite and act in a safe manner. Participants should display a positive attitude and have respect for the enjoyment of others.
2. Participants are expected to dress appropriately for the activity in which they are participating and to bring the suitable gear and supplies, including food and drink where appropriate. Participants should listen to and follow the instructions of guides or instructors when provided. Participants should be aware of their physical strength and ability and only select activities that they are able to do safely.
3. Participants should not harass, intimidate or participate in unsafe or inappropriate behavior. Prohibited behavior includes, but is not limited to, the following:
 - Sexual Harassment: Unwanted sexual advances, requests for sexual favors and other inappropriate verbal or physical conduct of a sexual nature.
 - Intimidation: Physical or verbal conduct that causes a person to reasonably fear for his/her safety or the safety of others.
 - Defamation: A communication that is intended to harm a person’s reputation or to hold a person up to ridicule, scorn or contempt.
 - Derogatory Language: The use of slurs or derogatory language regarding race, ethnicity, gender, national origin, religion, age sexual orientation or disability.
 - Threats: Physical or verbal conduct that creates a reasonable expectation of bodily harm to themselves or others, or damage to the property of another.
 - Act of Violence: A physical act, whether or not it causes actual bodily harm to another person or damage to the property of another.
 - Illegal Drugs: The use or possession of illegal drugs or other substances at Mosaic events and activities.
 - Fraud: Any fraud or illegal activity in the conduct of Mosaic business, or the embezzlement or misdirection of Mosaic funds or other assets for non-Mosaic use.
 - Intoxication: Visible signs of intoxication due to alcohol or other substances, which, in the opinion of any leader or leaders present, pose a risk to him/herself or any other participant.
 - Smoking: Smoking is prohibited during MOCA events except as specifically allowed by the written rules of such event or as permitted by the leadership of the event. Smoking shall only be permitted in the areas specified and any debris, including, but not limited to matches and cigarette butts shall be properly disposed of in a proper receptacle.
4. Participants are expected to follow the direction of Mosaic leadership, including the leaders of individual events and activities. Participants shall not interfere with leaders in the conduct of their duties and responsibilities; require unreasonable supervision, monitoring and/or care.
5. Proselytizing shall not be permitted during Mosaic events. MOCA expects all participants to respect others’ beliefs and religion.
6. Participants are expected to obey all applicable laws and to respect private and public property.
7. When possible, participants should use environmentally sound practices to minimize our effect on the outdoors, these practices include: staying on trails; not littering; proper sanitation, etc.
8. Violation of this Code of Conduct may result in appropriate action, including, but not limited to removal from the activity, expulsion from the event and suspension from future MOCA activities. If practical violators of this policy will be given warnings of their violations, however, a warning is not required prior to appropriate action being taken.

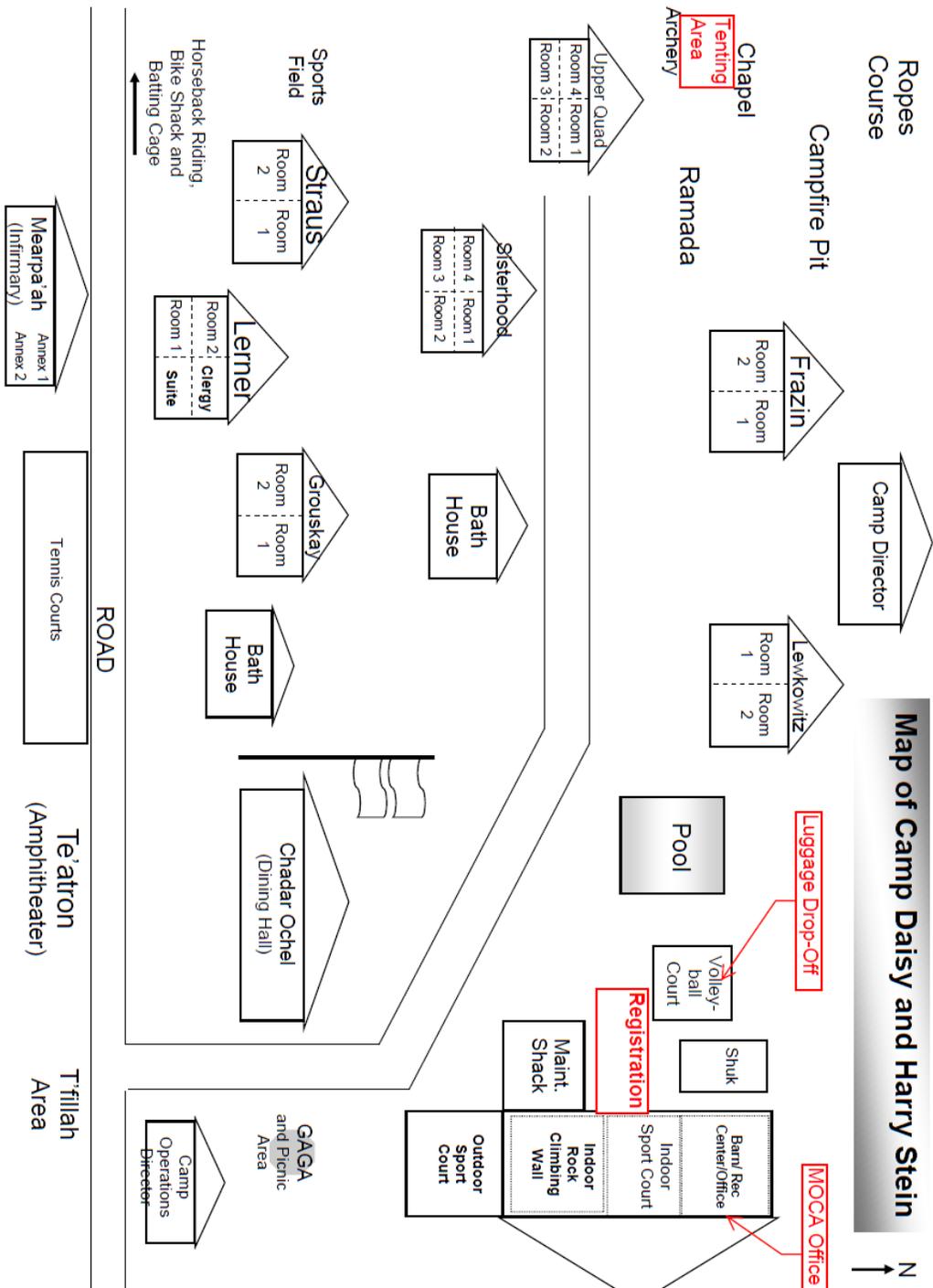


Mosaic Outdoor Clubs Of America Code Of Conduct -- Continued

9. In cases of violations, the following procedure should be used to determine appropriate action:
- a) Violations of this Code of Conduct should be reported to the event leadership or to a member of the MOCA Board as soon as practical.
 - b) For minor violations, the person to whom the violation is reported may talk to the accused and give that person a verbal warning. Any such minor incidents should be reported in writing to the MOCA disciplinary committee and/or Board of Directors.
 - c) Where appropriate for serious violations, a resolution committee should be convened at the earliest practical opportunity, preferably at the event at which the problem occurred. The resolution committee should be constituted of at least 2 people with a committee of 3 people preferred. In constituting the resolution committee preference should be given to the following people in order of preference:
 - i. The leader(s) of the event;
 - ii. Members of the MOCA disciplinary committee;
 - iii. MOCA board members;
 - iv. Former MOCA board members.
 - d) The resolution committee should make every attempt to meet in person however if this is not possible a meeting held via teleconference is permissible.
 - e) The person(s) accused of violation of the code of conduct should be invited to the resolution committee to explain their actions and respond to any questions the resolution committee may have. In addition, the resolution committee may hear from other persons involved in or witnessing the incident.
 - f) The outcome of the resolution committee should be communicated to the accused and a summary of the meeting and the outcome of the meeting will be sent to the MOCA board within 7 days of the meeting. Where necessary, such as removal of the person from an event in progress, the decision will be implemented by the resolution committee as soon as practical.
 - g) All decisions will be made at the discretion of the resolution committee.
 - h) In cases where the decision of the resolution committee is not accepted by the accused, an appeal by the accused may be made in writing to the MOCA board. In this case, the MOCA board shall make a final decision of the outcome at the next scheduled Board Meeting. The accused should be notified in writing of the decision rendered by the MOCA Board. Unless the MOCA Board shall specifically decide otherwise, the decision of the resolution committee shall continue to be implemented until a final decision of the MOCA Board has been rendered.
 - i) The President of the “home club” of the person who has been proven to be in violation of this code will be notified in writing within 30 days.



Jewish Outdoor Escape 2017: Pre-Trip in Sedona Activity Schedule





Jewish Outdoor Escape 2017: Pre-Trip in Sedona Activity Schedule



First	Last	Country	Cell Phone	Tuesday			Wednesday			Thursday			
				Transport to Sedona	Guided Jeep Tour	Easy Cathedral Rock	Hard Cathedral Rock	Full Day Hike & Bike	Full Day Easy-Mod West Fork Trail	Bell Rock Forte Verde Tuzigoot	Devils Bridge	Van Tour and Museums	Tubing
Norm	Abrams	CA	(647) 463-8762	C	1			C				C	Horse
Laura	Aronson	US		C		A			B		B		
Amy	Barron	US		A	1				A		B		
Chanan	Beizer	US		PC6			B		B		PC6		
Scott	Berman	US	(310) 210-1810	PC2		A				PC2		PC2	
Alessandra	Boza	US		C		A			B			C	Horse
Michael	Brochstein	US	(212) 316-5162	PC4			B		B		PC4		
Hillary	Brown	US		C					A			PC2	
Stacey	Cohen	CA		PC2			B		B		B		
Harry	Felsher	US		B		A				PC3		C	Hike
Susan	Freeman	US	(609) 468-4127	PC3		A			B		B		
Ruth	Gold	US		B		A				PC2		PC3	
Robert	Goldman	US		B			B		B			C	Hike
Merrill	Goldsmith	US	(301) 943-6474	PC1		A			A		PC1		
Yaacov	Gothard	US	(678) 773-4173	A	1			C				C	Horse
Maralyn	Hoffman	CA	(416) 678-6464	PC1	1					PC2		C	Horse
Brian	Horowitz	US	(908) 625-4916	B			B		B		B		
Jeffrey	Kay	CA		B		A			A		B		
Ronald	Krifcher	US		A	1				A		B		
Ruth	Levikoff	US	(215) 779-1943	A	1				A				
Sharon	Levy	US		C		A			B		B		
Joan	Melnick	CA	(226) 246-2479	PC5			B	C			PC5		
Gail	Midanik	CA		A	1					PC3		C	Horse
Anne	Milchberg	CA		PC3						PC3		PC3	
Jeremy	Raines	US		PC1		A			A		PC1		
Elysa	Savelle	US	(301) 706-3063	B					A				
Stephan	Scrop	US		C		A			B			C	Horse
Barry	Segal	US	(954) 242-6748	C	1	A			A			C	Hike
Robert	Spelfogel	US	(617) 455-7447	A	1				B		B		
Judee	Spellman	CA		PC1		A			A			PC2	
Susan	Spitz	US		B		A				PC2		PC3	
Marsha	Zellner	US	(203) 494-3856	A	1				A				

Red Box = Driver
 A, B C are Vans
 PC=Personal Car

Blue Box = Leader
 1 = Chosen Activity

Find Your Name: Scan Across to see activity you have chosen and your assigned vehicle.